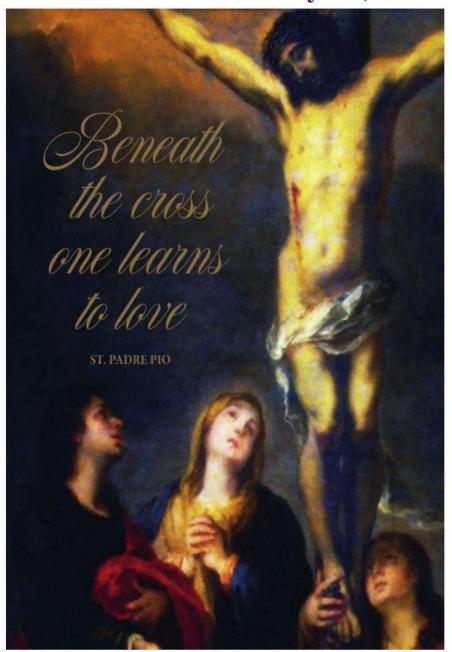


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**February 18, 2024** 



Website: www.ololscw.org
Facebook: www.facebook.com/
OurLadyofLourdesSCW
Flocknote: text ollscw to 84576
or go to ollscw.flocknote.com

### **MASS TIMES**

Daily (Monday - Saturday) 8:30a.m. Saturday 4:00p.m. Sunday 9:00a.m. 11:00a.m.

#### **Vistancia Elementary School**

30009 N. Sunrise Point, Peoria, AZ 85383 Sunday 1:00p.m.

#### Confessions

Saturday 9:30a.m.- 10:30a.m. Tuesday 10:00a.m. - 11:00a.m. **Adoration** 

Thursday 9:00a.m.- 11:00a.m.

### **Parish OFFICE HOURS**

Sunday: 7:00a.m. - 1:00p.m. Monday - Thursday: 7:00a.m. - 3:00p.m. Friday: 7:00a.m. - 12:00p.m. \*\*Closed February 19. 2024\*\*

## **Emergency Sacrament Assistance**(Anointing of the Sick)

After Office Hours please call 623.546.2767 for assistance.

### Parish Mission Statement

Proclaim the Gospel of Jesus Christ by being prayerful and active stewards of the grace and resources entrusted to us by:

- Instructing all in the Truth of the Catholic Faith
- Upholding the dignity of human life by nourishing it from conception and strengthening it to the end
- ♦ Following the way of Jesus in our worship and living

Remember you are dust, and to dust you shall return.

# Lead Us 70 The Cross ... Lent 2024

Fasting Guidelines for Catholics on Ash Wednesday and Lenten Fridays.

Catholics age 14 and older do not eat meat on <u>Ash Wednesday</u> and all Fridays during Lent, including <u>Good Friday</u>. Instead of meat many Catholics choose to eat fish - which is why many parishes around the country have fish fries on Fridays during Lent. These are a great opportunity for a parish community to come together to pray and fast.

On Ash Wednesday and Good Friday, Catholics age 18 to 59 also limit the amount of food they eat. Only one full meal, and two smaller meals that together do not equal a full meal, are eaten. The best rule of thumb is to make sure your meals are smaller than what you would eat on a normal day - and to avoid snacks. Exemption is allowed for pregnant women and those who need regular meals for medical reasons.

You may have heard the words "fasting" and "abstinence" used when talking about Lent. "Fasting" is the word used when the amount of food eaten is limited. "Abstinence" is when you completely give something up, like meat, for a set period of time. Both "fasting" and "abstinence" play a role during Lent.

### LENTEN ACTIVITIES

### **MONDAYS**

9:00am Novena Prayer in the church

#### TUESDAYS

10:00am Confessions in the church

#### **THURSDAYS**

9:00am Adoration in the church

#### FRIDAYS

3:30pm Stations of the Cross in the Church

4:00pm K of C Fish Fry in the hall

### **SATURDAYS**

10:00am Confessions in the church

### SPECIAL LENTEN RETREATS

### **SATURDAY MARCH 9**

Lenten Retreat 8:30am to 2:00pm Registration information on Website or call the front office to register

### HOLY TRIDUUM SCHEDULE

**HOLY THURSDAY** March 28, 2024 5:00pm Mass of the Last Supper in the church

### GOOD FRIDAY March 29, 2024

(no morning Mass)

#### **STATIONS**

12Noon in the church

#### THE PASSION OF THE LORD

3:30pm in the church

#### HOLY SATURDAY March 30, 2024

(no morning Mass)

Easter Vigil Mass at 7pm in the church

### EASTER SUNDAY SCHEDULE

March 31, 2024
9am\* (live streamed) in the church
9:15am in the hall
11am (in church)
1pm (at Vistancia)

### When You Forget Your Forgot

Dear Friends,

We were treated to another Special Counsel's Report, telling us another President did some wrong things but because he is a "sympathetic, elderly man with a poor memory", the Special Counsel didn't think a Jury would convict him. That's a unique Senior Adult Get Out of Jail Free Card! Think of it guys: if you forget to take out the trash, you can tell your wife, "Sorry honey, I am an elderly man with a poor memory". Or if you get pulled over by the police for having a lapsed car registration, or forget your Wedding Anniversary or your kids' birthdays, just pull out that card!



I'm being sarcastic. The issue of Memory Loss or Cognitive Decline is a serious one. The problem often is that the person experiencing Cognitive Decline, is the last one to recognize it. In fact, it can be difficult for a spouse to even spot the problem. Now if you find yourself saying "I keep forgetting this or that, my mind is shot", you are probably fine. People with Cognitive Decline don't remember that they forgot. But at a certain point you must be willing to listen to those who know you best and get your memory tested. And then if, Cognitive Decline is diagnosed you have to have the humility to accept it and willingly give up the keys to the car. I know that is not easy because you think you are just fine but trusting in what your loved ones observe and your physician diagnoses is really important and can prevent you from harming yourself or others.

This past summer right down the street a 94-year-old driver hit and killed a driver on a motorcycle and just drove on by. The case is still being considered by the County Attorney as whether to prosecute or not. The law states that a reasonable person should know or should have known they were engaged in a driving accident. The question is, was this driver "reasonable" or was she in a diminished cognitive state that may reduce her culpability? Not easy, especially when there is a family on other side looking for resolution. In fact, Courts are seeing more and more cases of a person with severe dementia who committed violent crimes up to murder against their spouses or caregivers. How do you handle that kind of case? They clearly committed a horrible offense, and yet do you send them to Prison, where the Department of Corrections is in no way able to handle them? Additionally, most Memory Care Facilities don't want to take someone who has already demonstrated violent behaviors.

In visiting the Memory Care Homes in the Parish, it is heart breaking to watch someone who when they first arrive are bright and talkative and over the months slowly become quieter and quieter and then no longer recognize you. When it came to AIDS, our country spent more money and put more resources to finding a treatment and cure than it did with any other disease in history. I wish we would do the same for Cognitive Decline. As the Baby Boomers age in greater and greater numbers, the amount of dementia and other cognitive issues will only increase.

As I have often said, my deepest respect is with those of you who have or are caring for a loved one with memory loss. It is a challenge to remain compassionate and gentle while caring for someone who has diminished faculties. You are always in my prayers.

If one of your family members or a neighbor is living with Cognitive Decline, please offer their caregiver, who is usually the spouse, some assistance. Offer to sit with them while their caregiver takes a nap or goes shopping or maybe you run some errands for them instead. Our new Mental Health Ministry will be addressing this issue and developing ways the Parish can assist and support those with Cognitive issues and their caregivers.

I'm sure a "Senior Get Out of Jail Free Card" is not what any of us want to earn. But Cognitive Decline may be part of the future, so prepare for it, know the warning signs, seek help to slow it down or manage it and if you are the caregiver keep a good sense of humor about you, a compassionate heart and be willing to extend sacrificial love. As we focus on the Cross during Lent, may we be willing to accept whatever Cross we are asked to carry. Because in the end, the Cross is all about love.

### **Our Lady of Lourdes Parish CLERGY**

#### **Pastor**

Fr. John Bonavitacola frjohn@ololscw.org 623-546-2767

Retired Clergy .... Fr. Bill Fournier 623-546-2767

Deacon Larry Grey lgrey@dphx.org 623-546-2767

Deacon Jim Brett <u>jim@fullcircleprogram.com</u> 623-546-2767

#### **STAFF**

#### **Business & Maintenance Manager**

Ezekiel Spanelli espanelli@ololscw.org 623-344-7295

#### **Director of Development**

James Salas <u>isalas@ololscw.org</u> 623-546-2767

#### **Administrative Assistant**

Patty Romero promero@ololscw.org 623-546-2767

#### **Facilities Maintenance**

Tom Scott tscott@ololscw.org

#### **Mental Health Ministry**

Jan Brett <u>ibrett@ololscw.org</u> 602-550-3451

#### **Director of Pastoral Care**

Nicole Cheshire ncheshire@ololscw.org 623-271-1507

#### Safe Environment Coordinator

Julie Gradillas igradillas@ololscw.org 623-546-2767

Parish Office will be closed On President's Day Monday, February 19, 2024 Please Join Us for Mass At 8:30am Parish Office will reopen

Tuesday, February 20, 2024





### CHARITY AND **DEVELOPMENT** truth" -Psalm 25 APPEAL

"Your ways, O Lord, are love and

These words from the Psalmist tell

us about the heart of God. He is a loving Father who guides His children along the way of truth. Through your support of the Charity and Development Appeal (CDA), you help thousands of individuals and families in the Diocese of Phoenix experience the love of Christ

and the truth that they are seen, valued, and accompanied on their iournev.

Join this incredible mission and make your online gift today at give.dphx.org.

Our Lady of Lourdes Parish and Mission at Lake Pleasant Parkway Goal: \$116,000

Current: \$25,300 (2/7/24)



### **Your Sacrificial Giving Totals** February 4, 2024 Thank you for sharing your treasure!

Plate Giving (cash & check)	\$26,772.00
Mission Giving	\$1,492.95
Plate Giving (electronic)	\$6,035.00
Total Giving	\$34,299.95
Respect Life Ministry	\$57.50
LP - Building Fund	\$877.50
SVdP	\$302.00
Retirement Fund/ Ash Wednesday	\$150.00
Gospel of Life	\$100.00



TRAVEL WITH THE GUILD Laughlin Getaway Feb 27-29 \$299 double, \$375 Single. Details: Rosemary Dougherty (623) 760-8479.

ST. JOSEPH vs ST. PATRICK POTLUCK AFTER MARCH 4TH MEETING. Following the monthly meeting, members will enjoy lots of tasty foods in honor of these two feast days. Also, speaker Winnie Fritz will be sharing about her time with the royal family of Jordan. Sign-in, social time and refreshments start at 9 a.m. in Madonna Hall. Meeting at 9:30 a.m. Greeting cards will be available for sale. Guests are welcome.

LOOKING FOR A "FEW GOOD WOMEN" Our Lady's Guild extends an invitation to all the parish women to join the Guild and help support our parish. Guests are always welcome, monthly meetings are held on the first Monday. Workshops on the 1st, 2nd and 4th Wednesdays. Both start at 9 am. Dues are \$5.00. COME CHECK US OUT

CHECK OUT THE NEW GUILD FLOCKNOTE! Everything you need to know about Guild projects and events. Visit the parish website ololscw.org and look for the sheep link in the upper right

Questions about Guild events and programs: President Maryanne Edens (507) 254-2758



### Fridays During Lent 4:00pm In The Hall

We can all help prevent suicide. The 988 Lifeline provides 24/7, free and confidential support for people in distress, prevention and crisis resources for you or your loved ones, and best practices for professionals in the United States.

### Mass Intentions

Monday, February 19, 2024 8:30am † Soul of Jill Marcanti

Tuesday, February 20, 2024 8:30am † Soul of Joseph D. Everitt

Wednesday, February 21, 2024 8:30am † Soul of Rooco Favia

Thursday, February 22, 2024

8:30am † Souls of Fred and Kathryn Engel

Friday, February 23, 2024

**8:30am** Intentions of Dave and Mary Morris (64th Anniversary)

Saturday, February 24, 2024

8:30am † Soul of Richard Allen Smith, Jr.

4:00pm † Soul of Anette Longille

Sunday, February 25, 2024

9:00am † Souls of Eddy, Betty and Anna Maria Aguas 11:00am Intentions of parishioners of Our Lady of

Lourdes and Mission at Lake Pleasant Parkway

1:00pm † Soul of Brien Buell

### HAVING A HARD TIME HEARING MASS?



USE YOUR PHONE / TABLET TO CONNECT TO OUR CHURCH SOUND SYSTEM



VIDEO INSTRUCTIONS

DON'T HAVE A SMART DEVICE?

ASK AN USHER TO CHECK OUT A HEARING RECEIVER

### 2023 Tax Statements are Ready!



The 2023 tax statements for Our Lady of Lourdes Parish have been emailed out. (If you have provided an email address on your parish registration.) If you have NOT received your emailed statement or you wish to have a printed copy please contact the parish office 623.546.2767.



#### Miraculous Medal Novena

Please join us to pray after the 8:30 am daily Mass On Mondays. Join us to pray this very special Novena. Questions? Contact Mary at 623-214-6250 or Maryann at 623-398-8178.

### Readings for the Week

First Sunday of Lent Saturday, February 18, 2024

Gn 9:8-15; Ps 25:4-5, 6-7, 8-9; 1 Pt 3:18-22, Mt 4:4b; Mk 1:12-15

Monday, February 19, 2024

Lv 19:1-2, 11-18; Ps 19:8, 9, 10, 15; Mt 25:31-46

Tuesday, February 20, 2024

Is 55:10-11; Ps 34:4-5, 6-7, 16-17, 18-19; Mt 6:7-15

Wednesday, February, 21, 2024

Jon 3:1-10; Ps 51:3-4, 12-13, 18-19; Jl 2:12-13; Lk 11:29-32

Feast of the Chair of Saint Peter, Apostle

Thursday, February 22, 2024

1 Pt 5:1-4; Ps 23:1-3a, 4, 5, 6; Mt 16:18; Mt 16:13-19

Friday, February 23, 2024

Ez 18:21-28; Ps 130:1-2, 3-4, 5-7a, 7bc-8; Mt 5:20-26

Saturday, February 24, 2024

Dt 26:16-19; Ps 119;1-2, 4-5, 7-8; Mt 5:43-48

Second Sunday of Lent, Sunday, February 25, 2024

Gn 22:1-2, 9a, 10-13, 15-18; Ps 116:10, 15, 16-17, 18-19; Rom 8:31b-34; Mk 9:2-10

### **Parish Calendar**

Monday, February 19, 2024

No Activities Parish closed ... Join Us for Mass at 8:30am

Tuesday, February 20, 2024

8:00 am Parish - Conference Room

9:00 am Grief Support Group - Fr. McGivney Room

10:00 am Confessions - Church

3:30 am SVdP - Hall

Wednesday, February 21, 2024

9:00 am CDA - Fr. McGivney Room

9:00 am Guild - Hall

Thursday, February 22, 2024

9:00am Divine Mercy/Adoration - Church

10:00am Divine Mercy Social - Hall

Friday, February 23, 2024

3:30pm Stations of the Cross - Church

4:00pm Fish Fry - Hall

Saturday, February 24, 2024

9:00am Parish - Conference Room

9:30am Confessions - Church

11:00am OCIA- Fr. McGivney Room

Sunday, February 25, 2024

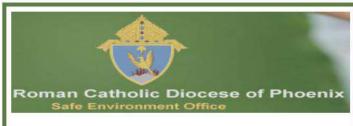
No other activities scheduled

**Important to note:** 

All events subject to change based on parish needs



Exposition of the Blessed Sacrament Thursdays, 9am to 11am Divine Mercy Chaplet follows daily Mass with Fellowship in the hall after prayer. ALL are Welcome to join!



The Diocesan deadline was December 31, 2023.

IF you missed the opportunity for Renewal training for LAY PEOPLE 2023-2024 you will need to contact Julie Gradillas at the parish office.

PLEASE NOTE: ONLY those folks who wish to serve in any capacity in any ministry within the Diocese of Phoenix are required to take the Foundation portion, including back ground check and must maintain their SET training as a means to stay in compliance with this PHOENIX DIOCESAN REQUIREMENT. If you plan to only attend meetings/events and NOT serve in any capacity you are still welcomed to do so.

Should you have ANY questions or concerns or problems logging in contact Julie Gradillas in the parish office at 623-546-2767 or you may contact her via email jgradillas@ololscw.org.

Thanks for your service to HIS people!





#### **HELP SAVE LIVES IN Glendale**

You can protect mothers and children by joining this worldwide mobilization! Through prayer and fasting, peaceful vigils and community outreach, 40 Days for Life has inspired 1,000,000+volunteers!

#### Here's how to take part:

- Vigil location: Outside Planned Parenthood Glendale
   5771 W Eugie, Glendale AZ 85304
- Vigil hours: 6am-6pm daily
- Local contact: Lynn at Wellspring 4Wellspringoflife23@gmail.com

Learn more and get involved by visiting our campaign:

40daysforlife.com/en/glendaleaz

### **Flocknote**

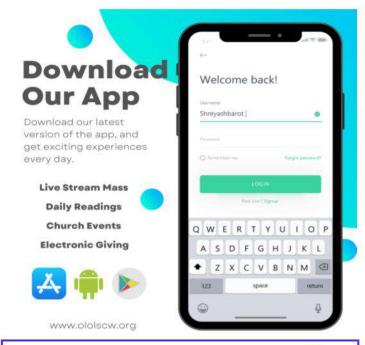
#### Keep in touch with us via email or text message!

- Receive the latest information from the parish
- Choose to receive updates from groups you're interested in
- Unsubscribe anytime
- No spam, we promise

Go to <a href="new.flocknote.com/ollscw">new.flocknote.com/ollscw</a> to subscribe to Flocknote messages. Flocknote also gives you the opportunity to stay up-to-date with all of the parish ministries and groups.

Or you can use the Text-to-Join instructions below.

Text **OLLSCWText** to **84576** from your cell phone to receive updates.



# Join the Our Lady of Lourdes growing online community!



#### Here's how:

- Navigate to Facebook and type 'OLOL Sun City West' into the search bar to find Our Lady of Lourdes.
- Click the "Like" and "Follow" buttons.
- On the "Follow" dropdown menu, choose "See first" and you'll always get Our Lady of Lourdes updates at the top of your newsfeed.

#### Benefits:

- Daily Catholic content from our parish posts, videos, inspirational articles, quizzes, and Catholic humor.
- Updated news from the parish.
- Keep in touch with your fellow parishioners.
- Every time you click the share button, that content will be put right into the newsfeeds of people in our neighborhood.



### Diocesan is proud to be printing

# Our Lady of Lourdes's Sunday Bulletin



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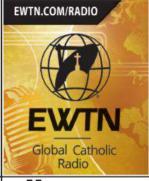
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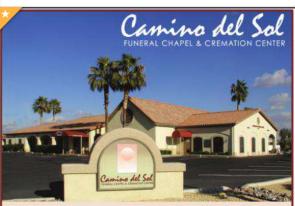
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